

AI-Anon Convention Grainau - September/ 27th till 29th / 2024
with AA and ACA participation

Time	Event	Room
Friday, 27 September 2024		
15:00 - 18:00	Check in	Entrance Hall
16:30 - 17:30	Arrival Meeting for all fellowships "Attitudes"	Panoramasaal
18:00 - 19:00	Cold Supper	Dining Hall
20:00 - 21:00	Speaker Meeting AI-Anon Speaker May from France	Panoramasaal
21:00 - 22:00	Get to together in the basement / Lets have fun	Party Basement
Saturday, 28 September 2024		
7:00 - 8:00	Meditation	Giebelsaal
7:30 - 9:00	Breakfast	Dining Hall
9:00 - 10:00	Meeting AI-Anon "Perfectionism - The killer of joy"	Panoramasaal
	Meeting AA "Easy does it"	Giebelsaal
	Meeting ACA "We're wired different: Dysfunktionale families and neurodiversity"	Bibliothek
10:30 - 12:00	Workshop AI-Anon "Blueprint for progress / Relationships - NOW"	Panoramasaal
	Workshop AA "Surrender and acceptance - NOW"	Giebelsaal
	Workshop ACA "Setting boundaries in the here and - NOW"	Bibliothek
12:00 - 13:00	Lunch	Dining Hall
13:00 - 14:30	Recreation	
14:00 - 15:00	Coffee	Dining Hall
15:00 - 16:00	Meeting open for all programs "Intimacy in recovery"	Panoramasaal
16:00 - 17:30	Women`s Meeting for all programs "Vulnerability"	Panoramasaal
	Men`s Meeting for all programs "Vulnerability"	Giebelsaal
17:30 - 18:45	BBQ	Dining Hall
19:00 - 20:30	Speaker-Meeting AI-Anon Speaker Anita from UK AA Speaker Cat from UK	Panoramasaal
20:30 - 22:00	Raffle	Panoramasaal
Sunday, 29 September 2024		
7:00 - 8:00	Meditation	Giebelsaal
7:30 - 9:00	Breakfast	Dining Hall
9:15 - 10:00	Speaker Meeting ACA Speaker Jonathan from Netherlands	Panoramasaal
10:00 - 10:30	Coffee	Dining Hall
10:30 - 11:15	Meeting for all fellowships "N O W"	Panoramasaal
11:15	Closing Ceremony	Panoramasaal

compiled with love

